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Reviewed By Deb Fowler

Ellen Freudenheim, a multi-talented “baby boomer,” author of five books including an award-winning guide to Brooklyn, proud possessor of two masters degrees, appears frequently on nationally syndicated radio news and radio programs and has recently penned the ultimate in retirement books for our enjoyment ... **LOOKING FORWARD, *An Optimist's Guide to Retirement.***

For the multitude of those from the GI Generation who have already retired or those Baby Boomers considering their up and coming retirement, Freudenheim presents a vast array of exciting new options for our consideration. Unlike many retirement books she tends to steer clear of financial management strategies and focuses on the “fun” aspects of retirement.

You've got to accentuate the positive

Eliminate the negative

Latch on the affirmative

Don't mess with Mister In-Between (Johnny Mercer)

LOOKING FORWARD does just that! We see the world and our retirements from the optimist's point of view, accentuating the positive in The Retirement Zone. Whether thinking about travel, volunteering, hobbies, exploring your spiritual side, taking a course, exploring your roots or just

needing a nudge in the right direction this book is for you.

Numerous quizzes, alternate resources and websites are included for further exploration. Freudenheim has done her homework and if you find a topic of interest (and you will) you'll find yourself immersed on the internet, on the phone or writing a snail mail letter getting ready for the next phase in your life, The Retirement Zone.

This was truly a fun book and I enjoyed it tremendously. One of the first things I did was go on line to a referenced and reliable resource to find out my life expectation and approximately how long I'd personally have in The Retirement Zone. It appears that I'll be around for a while to read, relax and explore some of the many options in *LOOKING FORWARD, An Optimist's Guide to Retirement*.

My only complaint was that Freudenheim didn't show up to start dinner while I was raptly browsing her book ...